



PERFORM Operating Document

WHITEHALL PORTABLE WHIRLPOOL

PC-POD-AT-007-v04

Revision History

Version	Reason for Revision	Date
04	Created a more consolidated version	April 2, 2020

1. Introduction

This PERFORM Operating Document (POD) is designed to outline the use, maintenance and training needs for the Whitehall Portable Whirlpool Unit located within the Athletic Therapy Clinic S1.211. This POD only covers the use within the Athletic Therapy Clinic and within the Scope of Practice for Athletic Therapists outlined by the Canadian Athletic Therapy Association (CATA).

2. Whitehall Portable Whirlpool

The Whitehall Portable Whirlpool is a modality used for hydrotherapy for upper and lower extremity injuries to areas such as hand, elbow, knee and foot. It is used to increase blood flow to the injured area, decrease swelling, reduce muscle tension, to increase range of motion and speed healing. The use of this modality is covered under the scope of practice outlined by CATA.

2.1 Operating Instructions:

There is no special set up required for this machine other than temperature control depending on the therapy use. The stainless steel tub is wiped clean with a dry cloth before filling. The tub can be filled by using the attached hose or by an extendable faucet. There is a temperature gauge which gives a read



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out of the water temperature. The manufacturer's instructions on chemicals states that for a 13-26 gallon tub (this particular model is 22 gallons) that up to 10 grams of chlorine be added per use. Once the tub is filled to the desired level it can be plugged in to an outlet and the motor started. After use the tub is emptied from a plug underneath the machine and wiped dry and stored until the next use.

2.2 Maintenance Schedule:

Regular cleaning after use is all that is needed. The motor should have a once a year regular maintenance check.

2.3 Contraindications:

This modality cannot be used if there are any open wounds present on the area to be submerged or with anyone presenting with a syndrome or disease that associated with decreased sensation (ex.: Raynaud's syndrome)

3. Training Requirements

There are no special requirements to operate or use the Whitehall Portable Whirlpool modality. The internship students within the Athletic Therapy Clinic will receive an orientation session where the operating instructions and use under their scope of practice will be reviewed by the instructors.